



Z-Lessons

Monthly Embellishment & Training
for the Sorors of New Jersey

January 2011
Volume 1 Issue 4

Zeta Phi Beta Sorority, Inc. State of New Jersey
Soror Gina Merritt-Epps, Esq., New Jersey State Director

Zetas Helping Other People Excel (Women, Children, Men and Seniors) through Mind, Body, and Spirit



Written by Soror Wanda Wilson-Little, State Z-HOPE Coordinator

Chapters/Auxiliaries must submit the following information for activities listed in the manual:

- ⇒ Name of the Z-HOPE initiative as listed in the manual
(if it is not listed in the manual, it cannot be considered for points)
- ⇒ Chapter Z-HOPE Summary Reporting Form/Cover Sheet
- ⇒ Copy of the evaluation form
- ⇒ Copy of the flyers
- ⇒ Community Participant Sign-in Sheet
- ⇒ Zeta Sign in Sheet

Chapters/Auxiliaries participating in a Walk/Run for the Cause must submit the following information:

- ⇒ Chapter/Auxiliary Summary Reporting form/Coversheet
- ⇒ Letter from the Sponsoring Organization that details the final \$ amount donated.
- ⇒ Chapter /Auxiliary size and donation amounts to be awarded points.

1-4 members	\$ 200.00
5-25 members	\$ 500.00
26-50 members	\$ 700.00
Over 50 members	\$1,500.00

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Questions or concerns can be forwarded to:

Soror Wanda Wilson-Little, New Jersey State Z-HOPE Coordinator

30 Traynor Lane

Willingboro, NJ.08046

njzhope@gmail.com (electronic reporting only)

wwilsonlittle@aol.com (questions / concerns)

(856) 816-7283 - cell after 6 p.m.

Zetas Helping Other People Excel (Women, Children, Men and Seniors) through Mind, Body, and Spirit

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(For Chapters/Auxillaries participating in Meeting the Basic Needs activities)

The Chapter must submit to the State Z-HOPE Coordinator the following information:

- ⇒ Chapter Summary Reporting form /Coversheet
- ⇒ Letter from the sponsoring organization that outline what was donated and the number of items donated.
- ⇒ In order to receive points the Chapter must donate a minimum quantity of 20 items (e.g., 20 Thanksgiving baskets).

Ongoing programs such as Youth Groups and Stork's Nest Program are valued at 50 points; the State Director will verify.

Z-HOPE reporting forms are to be submitted two weeks after each activity or no later than the 30th of each month, unless otherwise designated.

National special project initiatives point values are assigned by National.



Regional Z-HOPE News!

The Atlantic Regional Z-HOPE Initiative for the Executive Board is the Food Bank of Delaware. This initiative will support the Food Bank of Delaware's Backpack program that provides food to at need children for weekends and holidays when school is not in session. Please support the worthwhile project and earn Z-HOPE points at the same time.

Information about the Stork's Nest Program

By Soror Michelle Baynes,
New Jersey State
Stork's Nest Coordinator

Since 1972, Zeta Phi Beta Sorority has enjoyed a partnership with the March of Dimes, working with the group to encourage women to seek prenatal care within the first trimester of pregnancy, thereby decreasing birth defects and infant mortality.

The Stork's Nest consists of two components: 1) incentives where clients receive free baby items and; 2) educational workshops on prenatal care. In New Jersey, the first Stork's Nest was opened by Gamma Omicron Zeta Chapter in East Orange. In 2001, Zeta Delta Zeta Chapter opened their "nest" in Burlington City. The State's third nest was opened by Omicron Omicron Zeta Chapter in Woodbury in 2004. The next nest was opened by Gamma Nu Zeta Chapter in Camden. Each chapter presented their programs to the mothers in their areas in different and unique ways.

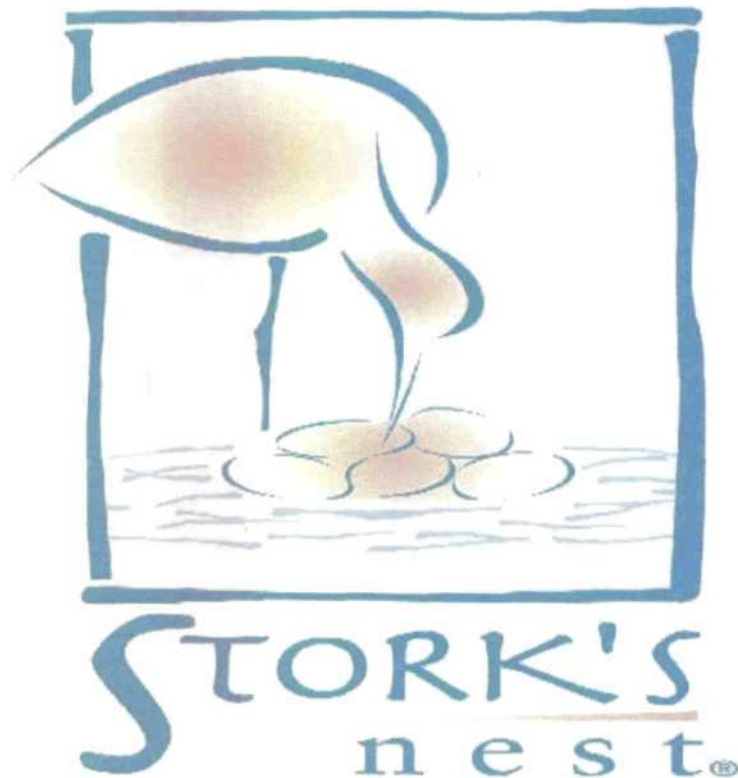
Currently, Zeta Delta Zeta's nest is the only active Stork's Nest in our state. Omicron Omicron Zeta Chapter is looking for a new site and a re-opening is projected in the next year. Eta Omicron Zeta Chapter is in the planning stages for its nest and has identified two possible sites. The members of Gamma Omicron Zeta

Chapter are also pursuing reactivation of their Stork's Nest; however, their immediate goal is to establish a funding source.

Zeta Delta Zeta Chapter received a grant from the March of Dimes to expand their Stork's Nest to include a "Mother to Mother" mentoring component. This program provides new mothers with experienced mentors to help guide them through the first year of parenting.

Epsilon Xi Zeta Chapter has secured a Nest location and is currently preparing for its Grand Opening.

The Stork's Nest is a Zeta National Project. Chapters



March
of Dimes®
Saving babies, together®

without Stork's Nests can still support our partnership with the March of Dimes by providing presenters for workshops, volunteering hours at a nest, and by providing monetary donations or baby items to an existing nest. Additional information regarding a state project for New Jer-

sey nests will be presented at the 2011 April State Executive Board meeting.

I look forward to working with the chapter's in the State to establish additional nests and promote support for the nests by all chapters and auxiliaries.

Zeta Phi Beta Sorority, Inc.

State of New Jersey

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SAVE THE DATE!

Zeta Phi Beta Sorority, Incorporated

Atlantic Region

54th Atlantic Regional Conference

October 13-16, 2011

Doubletree Hotel Downtown

Wilmington – Legal District

700 North King Street

Wilmington, DE 19801

Message from the New Jersey State Director

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ter, updated State Constitution and By-Laws, 2010 meeting minutes and budget, and the newly designed website. Also, the elected and appointed officer group is representative of each graduate chapter in the State, and the undergraduate sorors will be selecting a Chairman of the Undergraduate Council to ensure undergraduate representation on the Executive Committee and Board. It was also my pleasure to process the intake packets for nine chapters.

I look forward to seeing all of you at our April State Executive Board Meeting. I thank you all for your support, and want to give special thanks to our elected and state officers. Finally, I thank all of the past State Directors for their encouragement. May God bless you all.

2010-2011 Graduate Chapter Events and Finer Womanhood Observances

Saturday, December 4

Xi Tau Zeta

Christian Women's Breakfast

Saturday, January 22

Epsilon Xi Zeta luncheon

Saturday, February 26

Rho Tau Zeta luncheon

Saturday, March 5

Zeta Delta Zeta luncheon

Saturday, March 12

Eta Omicron Zeta Luncheon

Saturday, March 19

Gamma Nu Zeta luncheon

Sunday, March 20

Omicron Omicron Zeta observance

Saturday, March 26

Gamma Omicron Zeta luncheon

Saturday, April 9

Chi Rho Zeta luncheon

Sigma Zeta Zeta dinner dance

Saturday, May 7

Rho Rho Zeta scholarship breakfast